What is claimed is:

1. A support device adapted to support structures, the support device comprising:

a support structure having a top surface and a bottom surface, the bottom surface for resting on a surface, wherein the support structure comprises a pliable support structure;

a substantially rigid plate structure, the plate structure disposed on the top surface and coupled with the support structure; and

at least one elongate strut disposed on the plate structure, where the elongate strut is coupled to the plate structure.

2. The support device as recited in claim 1, the support structure having a recess therein, and a portion of the substantially rigid plate structure is disposed within the recess.

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- 3. The support device as recited in claim 1, wherein the support structure is formed of foam.
- 4. The support device as recited in claim 1, wherein the substantially rigid plate structure is formed of plastic.
 - 5. The support device as recited in claim 1, wherein the substantially rigid plate structure is formed of metal.
- 25 6. A support device adapted to support structures, the support device comprising:

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a support structure, the support structure having a top surface, a bottom surface, and side surfaces, the bottom surface for resting on a surface, wherein the support structure comprises a pliable support structure;

a plate structure, at least a portion of the plate structure disposed on the top surface and coupled with the support structure; and

at least one elongate coupling member associated with the plate, where the elongate coupling member is coupled to the plate.

- 7. The support device as recited in claim 6, wherein the plate structure is a substantially rigid plate structure.
 - 8. The support device as recited in claim 6, wherein the plate structure is formed of plastic.
- 15 9. The support device as recited in claim 6, wherein the plate structure is formed of metal.
 - 10. The support device as recited in claim 6, wherein the plate structure is formed of HDPE.

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- 11. The support device as recited in claim 6, further comprising a fastener that fastens the plate structure with the support structure.
- 12. The support device as recited in claim 6, further comprising an elongate strut formed by surfaces of the plate structure.

- 13. The support device as recited in claim 6, wherein the plate structure covers a portion of the top surface and at least a portion of the side surfaces of the support structure.
- 5 14. A support device adapted to support structures, the support device comprising:

a support structure, the support structure having a top surface and a bottom surface, the bottom surface for resting on a surface, wherein the support structure comprises a pliable support structure;

a plate structure, at least a portion of the plate structure disposed on the top surface and coupled with the support structure; and

the plate structure including at least one elongate strut.

- 15. The support device as recited in claim 14, wherein the elongate strut is formed by surfaces of the planar plate.
 - 16. The support device as recited in claim 15, wherein the support structure is formed of foam.
- 20 17. The support device as recited in claim 15, wherein the plate structure is formed of plastic.
 - 18. The support device as recited in claim 15, wherein the plate structure is formed of metal.

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19. The support device as recited in claim 15, further comprising a fastener at least partially disposed between the support plate and the support structure.

- 20. The support device as recited in claim 19, wherein the fastener includes adhesive.
- The support device as recited in claim 14, further comprising means forelevating the elongate structure.
 - 22. The support device as recited in claim 14, further comprising means for adjusting elevation of the elongate structure.
- The support device as recited in claim 14, further comprising one or more elevational assemblies coupled with the support device.
 - 24. The support device as recited in claim 23, wherein the elevation assemblies include elevating members hingedly coupled with a portion of the elevational assembly.

25. A method comprising:

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placing a support device on a surface, the support device including a support structure having a top surface and a bottom surface, the bottom surface for resting on a surface, wherein the support structure comprises a pliable support structure, a substantially rigid plate structure, the plate structure disposed on the top surface and coupled with the support structure, and at least one elongate strut disposed on the plate structure, where the elongate strut is coupled to the plate structure;

25 mounting an elongate structure to the elongate strut.

- 26. The method as recited in claim 25, further comprising elevating the elongate structure relative to the support device with an elevating assembly.
- 5 27. The method as recited in claim 26, further comprising allowing the elongate structure to move relative to a portion of the elevating assembly and the support device.
- The method as recited in claim 27, wherein allowing the elongate structure to move includes coupling the elongate structure to an elevating member, and swinging a portion of the elevating member relative to at least one of the portion of the elevating assembly or the support device.